

Structured ABC (Antecedent-Behavior-Consequence)

Instructions:

- Pick one behavior to track per page (you may track up to 3 separate behaviors on 3 separate pages)
- Write the behavior being tracked at the top
- Define what the behavior is (and sometimes what it is not) – you should meet with everyone who works with the student so that everyone is aware of the definition.
- Determine whether you want to track the duration of the behavior or the person with whom the behavior occurs – indicate the one you are tracking and
- Each time one of these behaviors occurs, note the date and time in a column. Place an X under the date to indicate which behavior occurred.
- Place additional Xs down the column to indicate where the behavior took place, what happen immediately before or when the behavior occurred, and what you did following the behavior.
- Horizontally add each row and place the sum in each of the boxes that that row points to
- Vertically add the totals for each column and put it in the corresponding total box
- The total column that is the highest is the proposed function of the behavior. If you end up with two that are high and one is attention then design the intervention for the other function
 - (i.e, you complete the form and Attention comes out at 18 and Escape/delay comes in at 15 – then create the plan for escape/delay; however if it comes out attention 15, things 5 and escape/delay 2 – then the attention is clearly higher than the other functions and so the plan should be for attention)
- Take data for approximately one-two weeks