

Steps in Designing Individual Interventions

Defining and Analyzing the Behavior	Designing the Individual Intervention	Implementing and Evaluating the Intervention
<p>Step 1 - Operationally define the behavior</p> <ul style="list-style-type: none"> • What does the behavior look like? • How can it be measured? <p>Step 2 - Collect data about the behavior</p> <ul style="list-style-type: none"> • <i>Document the A-B-C chain:</i> <ul style="list-style-type: none"> – What consistently occurs before the behavior? – What consistently occurs after the behavior? – Who is present when the behavior occurs? – When does the behavior occur? – Where does the behavior occur? – How often does the behavior occur? <p>Step 3 – Determine the function of the behavior</p> <ul style="list-style-type: none"> • Does the behavior allow the student to obtain something? • Does the behavior allow the student to escape/avoid something? 	<p>Step 4 – Design the intervention</p> <ul style="list-style-type: none"> • Target replacement behaviors • Involve the student • Identify reinforcers • Consider multiple level interventions: <ul style="list-style-type: none"> – If a skill deficit exists, select strategies that teach the desired behavior or modify the expectations. – If a skill deficit does not exist, assess the need for changes in both antecedent and consequence strategies. – Review handout: <i>A-B-C Questions</i> to determine which type of interventions would be most appropriate to select first. • Review handouts: <ul style="list-style-type: none"> – <i>Antecedent Strategies</i> – <i>Behavior Strategies</i> – <i>Consequence Strategies</i> – <i>Function Based Interventions</i> 	<p>Step 5 - Develop an action plan</p> <ul style="list-style-type: none"> • Review Handout: <ul style="list-style-type: none"> – <i>Designing Individualized Interventions: Action Plan</i> <p>Step 6 – Implement intervention/ Collect data</p> <p>Step 7 - Evaluate effectiveness of your intervention</p> <p>Step 8 - Modify your intervention (as necessary)</p>